

Christ Church



Parish Church

Third Sunday in Lent

Year C | March 23, 2025

Holy Eucharist with Hymns

7:00 A.M.

Choral Eucharist

9:30 A.M.

The Reverend Mark Harewood
Rector, Christ Church Parish Church

The Reverend Canon Dr. Von Watson
The Canon Missioner, Diocese of Barbados

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As all the baptised may receive the Blessed Sacrament, please note the following:

- **Baptized infants and children under the age of 3** are allowed to receive the host [consecrated bread] or a fraction of the host only from their parents.
- **Baptized children, ages 3-15, who regularly attend worship as members of the church,** may receive communion in both kinds [consecrated bread and consecrated wine] through intinction - after the parents or guardians of those children have met with the priest and given their consent for both kinds to be administered.
- **All baptized persons, ages 16 and older, whether confirmed or not, may receive communion without permission from others.**

ORDER OF SERVICE¹

THE PREPARATION

Opening Prayer

Introit Hymn.....CPWIH 125

The Opening Sentence

Lent BCP, Page 98

The Greeting BCP, Page 101

The Prayer of Intention BCP, Page 101

The Collect for Purity BCP, Page 101

The Kyrie BCP, PAGE 102

The Collect of the Day

Third Sunday in Lent BCP, Page 164

Ash Wednesday..... BCP, Page 163

THE MINISTRY OF THE WORD

First Lesson..... Isaiah 55:1-9

Psalms 63: 1-8..... BCP, Page 545

Second Lesson 1 Corinthians 10:1-13

Gradual HymnCPWIH 110

The Gospel Reading Luke 13:1-9

The Sermon The Reverend Mark Harewood

The Nicene Creed BCP, Page 104

The Prayers / Intercessions

Form F BCP, Page 115

The Act of Penitence BCP, Page 123

¹ The Order of Service follows the relevant Liturgy, Rite or Office in the Book of Common Prayer (BCP) of the Church in the Province of the West Indies (CPWI). The Old Testament, New Testament and Gospel readings are from the New Revised Standard Version Bible: Anglicized Edition. The hymns are from the CPWI Hymnal (CPWIH), the Complete Mission Praise (MP), or Hymns Ancient & Modern (A&M), as indicated.

The AbsolutionBCP, Page 124

The Greeting of Peace BCP, Pages 124-125

Hymn of Peace We are one in the Spirit

Ministry of Hospitality & Notices

THE MINISTRY OF THE SACRAMENT

Offertory HymnCPWIH 237

The Presentation of the Offerings BCP, Page 126

The Eucharistic Prayer

 Sursum Corda BCP, Page 126

 Preface: Lent BCP, Page 128

 Sanctus and Benedictus BCP, Page 131

 Eucharistic Rite A-E (as announced) BCP, Pages 131-142

The Lord’s Prayer BCP, Page 144

The Breaking of the Bread BCP, Page 145

The Agnus Dei BCP, Page 147

The Invitation BCP, Page 145-146

Hymns for Communion, BlessingsCPWIH 576, MP 712, CPWIH 474 & 659

THE DISMISSAL

Post Communion Prayer BCP, Pages 147-149

Blessing BCP, Page 149-152

 Ash Wednesday..... BCP, Page 150

Day by Day

Recessional HymnCPWIH 112

Recession and Organ Postlude

*~ O how amiable are thy dwellings: thou Lord of host:
My soul hath a desire and longing to enter into the courts
of the Lord: my heart and my flesh rejoice in the living
God. Psalm 84: 1,2 ~*

If you wish to mark any special occasion with an altar flowers donation, please call the office during opening hours, or you may make your donation via our website on the [Altar Flowers Donation Page here](#).

Worshippers are reminded that during the season of Lent, the Alleluias are omitted from the Greeting, and the Kyrie will be recited instead of the Gloria in Excelsis

THE PREPARATION

Please remain seated until the Opening Prayer by the Lay Eucharistic Minister.

OPENING PRAYER

Entrance of the Choir and Liturgical ministers

INTROIT HYMN

CPWIH 125

When wounded sore, the stricken heart

When wounded sore, the stricken heart
Lies bleeding and unbound,
One only hand, a piercèd hand,
Can salve the sinner's wound.

When sorrow swells the laden breast,
And tears of anguish flow,
One only heart, a broken heart,
Can feel the sinner's woe.

When penitential grief has wept
Over some foul dark spot,
One only stream, a stream of blood,
Can wash away the blot.

'Tis Jesus' blood that washes white,
His hand that brings relief,

His heart is touched with all our joys,
And feels for all our grief.

Lift up Thy bleeding hand, O Lord,
Unseal that cleansing tide;
We have no shelter from our sin
But in Thy wounded side.

THE OPENING SENTENCE

Lent.....BCP, Page 98

Be imitators of God, as beloved children. And walk in love, as Christ loved us and gave Himself up for us, a fragrant offering and sacrifice to God. *Ephesians 5: 1, 2.*

THE GREETING

BCP, PAGE 101

During the season of Lent, the Alleluias are omitted.

PRESIDENT:

Blessed be God: Father, Son and Holy Spirit.

ALL:

And blessed be His Kingdom, now and forever.

Amen.

THE PRAYER OF INTENTION

BCP, PAGE 101

ALL:

Blessed Lord and Father, we have assembled in your Name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.

THE COLLECT FOR PURITY

BCP, PAGE 101

ALL:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.

During the season of Lent, the Kyrie will be recited, and the Gloria in Excelsis omitted.

THE KYRIE

BCP, PAGE 102

PRESIDENT: Lord, have mercy.

ALL: Lord, have mercy.

PRESIDENT: Christ, have mercy.

ALL: Christ, have mercy.

PRESIDENT: Lord, have mercy.

ALL: Lord, have mercy.

THE COLLECT OF THE DAY

PRESIDENT: Let us pray.

Third Sunday in Lent..... BCP, Page 164

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE MINISTRY OF THE WORD

FIRST LESSON

ISAIAH 55:1-9

A reading from the Word of God, written in the Book of Isaiah, Chapter 55, beginning to read from verse 1:

55:1 Hear, everyone who thirsts; come to the waters; and you who have no money, come, buy and eat! Come, buy wine and milk without money and without price.

55:2 Why do you spend your money for that which is not bread and your earnings for that which does not satisfy? Listen carefully to me, and eat what is good, and delight yourselves in rich food.

55:3 Incline your ear, and come to me; listen, so that you may live. I will make with you an everlasting covenant, my steadfast, sure love for David.

55:4 See, I made him a witness to the peoples, a leader and commander for the peoples.

55:5 Now you shall call nations that you do not know, and nations that do not know you shall run to you, because of the LORD your God, the Holy One of Israel, for he has glorified you.

55:6 Seek the LORD while he may be found; call upon him while he is near;

55:7 let the wicked forsake their way and the unrighteous their thoughts; let them return to the LORD, that he may have mercy on them, and to our God, for he will abundantly pardon.

55:8 For my thoughts are not your thoughts, nor are your ways my ways, says the LORD.

55:9 For as the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.

READER: The Word of the Lord.

ALL: Thanks be to God.

1. O God, you are my God; eagerly I seek you; * my soul thirsts for you, my flesh faints for you, as in a barren and dry land where there is no water.

2. Therefore I have gazed upon you in your holy place, * that I might behold your power and your glory.

3. For your loving-kindness is better than life itself; * my lips shall give you praise.

4. So will I bless you as long as I live * and lift up my hands in your name.

5. My soul is content, as with marrow and fatness, * and my mouth praises you with joyful lips,

6. When I remember you upon my bed, * and meditate on you in the night watches.

7. For you have been my helper, * and under the shadow of your wings I will rejoice.

8. My soul clings to you; * your right hand holds me fast.

*Glory be to the Father, and to the Son * and to the Holy Spirit; As it was in the beginning, is now * and will be forever. Amen.*

A reading from the Word of God, written in the First Epistle of Paul to the Corinthians, Chapter 10, beginning to read from verse 1:

10:1 I do not want you to be ignorant, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea,

10:2 and all were baptized into Moses in the cloud and in the sea,

10:3 and all ate the same spiritual food,

10:4 and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ.

10:5 Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

10:6 Now these things occurred as examples for us, so that we might not desire evil as they did.

10:7 Do not become idolaters as some of them did, as it is written, "The people sat down to eat and drink, and they rose up to play."

10:8 We must not engage in sexual immorality, as some of them did, and twenty-three thousand fell in a single day.

10:9 We must not put Christ to the test, as some of them did, and were destroyed by serpents.

10:10 And do not complain, as some of them did, and were destroyed by the destroyer.

10:11 These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come.

10:12 So if you think you are standing, watch out that you do not fall.

10:13 No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

READER: The Word of the Lord.

ALL: Thanks be to God.

All ye who seek for sure relief

All ye who seek for sure relief
in trouble and distress,
whatever sorrow vex the mind,
or guilt the soul oppress.

Jesus, who gave himself for you
upon the Cross to die,
opens to you his sacred heart;
O to that heart draw nigh.

Ye hear how kindly he invites;
ye hear his words so blest;
"All ye that labor come to me,
and I will give you rest."

O Jesus, joy of saints on high,
thou hope of sinners here,
attracted by those loving words
to thee we lift our prayer.

Wash thou our wounds in that dear blood
which from thy heart doth flow;
a new and contrite heart on all
who cry to thee bestow.

GOSPELLER: The Lord be with you.

ALL: And also with you.

GOSPELLER: A Reading from the Holy Gospel according to Luke, the thirteenth chapter, beginning at the first verse.

ALL: Glory to Christ our Saviour.

13:1 At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices.

13:2 He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans?"

13:3 No, I tell you, but unless you repent you will all perish as they did.

13:4 Or those eighteen who were killed when the tower of Siloam fell on them--do you think that they were worse offenders than all the other people living in Jerusalem?"

13:5 No, I tell you, but unless you repent you will all perish just as they did."

13:6 Then he told this parable: "A man had a fig tree planted in his vineyard, and he came looking for fruit on it and found none.

13:7 So he said to the man working the vineyard, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?'

13:8 He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it.

13:9 If it bears fruit next year, well and good, but if not, you can cut it down.'"

GOSPELLER: This is the Gospel of Christ.

ALL: Praise to Christ our Lord.

THE SERMON

THE REVEREND MARK HAREWOOD

Rector, Christ Church Parish Church

THE NICENE CREED

BCP, PAGE 104

ALL:

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.
Through Him all things were made.
For us and for our salvation
He came down from heaven:
by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.**

**For our sake He was crucified
under Pontius Pilate;
He suffered, died and was buried.
On the third day He rose again
in fulfillment of the Scriptures;
He ascended into heaven
and is seated at the right
hand of the Father.
He will come again in glory to judge
the living and the dead,
and His kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son**

He is worshipped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic
and apostolic church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead
and the life of the world to come. Amen.

THE PRAYERS / INTERCESSIONS

Form F.....BCP, Page 115

After the Priest's invitation to prayer, he shall say:

Let us pray for the Church and for all people
according to their needs.

Lord in your love,

ALL: Hear our prayer.

LEADER:

Bless and inspire all members of the clergy,
especially_____, our Archbishop; Michael, our
Bishop; and Mark and Von, our Priests.

**ALL: That their lives may be examples of their
teaching, and that they may rightly and faithfully
administer your holy Sacraments.**

LEADER:

Guide and protect all Heads of State and all who bear rule, especially those in this land: Dame Sandra, our President, Mia Amor, the Prime Minister, all members of Parliament, and all persons serving in Local Government.

ALL: That our people may be godly and peacefully governed.

LEADER:

Direct those who administer justice; and strengthen those who guard and protect the land.

ALL: That our people may dwell in peace.

LEADER:

Reveal the common good to those in positions of public trust
and to decision-makers in industry and commerce.

ALL: That freedom and dignity may prevail among us.

LEADER:

Enlighten with your Spirit all places of education and learning.

ALL: That the whole world may be filled with the knowledge of your truth.

LEADER:

Comfort and help all persons who are in any trouble, sorrow, need, sickness, or any other adversity, especially (_____),

ALL: Help us to help them, O Lord.

LEADER:

Remember our brothers and sisters, (especially _____) and all others who have died in your faith and fear.

ALL: Grant them peace and eternal life.

LEADER:

We thank you, heavenly Father, for the witness of the Blessed Virgin Mary, Mother of Jesus, our Lord and Saviour; for the holy Patriarchs, Prophets, Apostles and Martyrs; and all the Saints who have been good examples in their several generations.

PRIEST:

And finally let us pray for our own needs and those of others.

A period of silence may be kept.

ALL: Accept our prayers and intercessions, Father, according to your wisdom, for the sake of your Son, Jesus Christ. Amen.

PRESIDENT:

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness.

A period of silence shall be kept.

PRESIDENT:

Let us therefore confess our sins.

One of the following forms will be used:

Form A

BCP, Page 123

ALL:

Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. Amen.

ALL:

Most Merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves; we have not loved ourselves as we ought. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

THE ABSOLUTION

BCP, PAGE 124

PRESIDENT:

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

THE GREETING OF PEACE

BCP, PAGES 124-125

One of the following forms shall be said:

FORM A

PRESIDENT: We are the body of Christ. By the one Spirit we were all baptized into one Body, and have all been made to drink of the one Spirit.

ALL: Let us then pursue the things that make for peace and build up the common life.

FORM B

PRESIDENT: If you are offering your gift at the altar, and there remember that your brother has something against you,

ALL: Leave your gift there before the altar and go; first be reconciled to your brother, and then come and offer your gift.

FORM C

PRESIDENT: The Kingdom of God is justice, peace, and joy, inspired by the Holy Spirit.

ALL: They who thus serve Christ are acceptable to God and approved by others.

PRESIDENT: The peace of the Lord be always with you.

ALL: And also with you.

HYMN OF PEACE

WE ARE ONE IN THE SPIRIT

We are one in the Spirit,
We are one in the Lord.
We are one in the Spirit,
We are one in the Lord.
And we pray that all unity
may one day be restored.

Chorus

*And they'll know we are Christians by our love,
By our Love,
Yes they'll know we are Christians by our love.*

We will walk with each other,
We will walk hand in hand.
We will walk with each other,
We will walk hand in hand.
And together we will spread the news,
that God is in our land.

We Will work with each other,
we will work side by side;
We will work with each other,
we will work side by side;
And we'll guard each man's dignity
and save each man's pride.

MINISTRY OF HOSPITALITY & NOTICES

The Welcome Song

Welcome friend on this day
Yes, we're glad you have joined us.
Take your place fill your hearts
With Christ's love which surrounds us.
Glory to God may you live and grow,
In His love forever
Welcome friend on this day
Know we're glad you have joined us.

THE MINISTRY OF THE SACRAMENT

OFFERTORY HYMN

CPWIH 237

The God of Abraham praise

The God of Abraham praise
who reigns enthroned above,
ancient of everlasting days,
and God of love:
Jehovah, great I AM,
by earth and heaven confest;
we bow and bless the sacred name
for ever blest.

The God of Abraham praise,
at whose supreme command
from earth we rise, and seek the joys

at his right hand:
we all on earth forsake,
its wisdom, fame, and power;
and him our only portion make,
our Shield and Tower.

Though nature's strength decay,
and earth and hell withstand,
to Canaan's bounds we urge our way
at his command:
the watery deep we pass,
with Jesus in our view;
and through the howling wilderness
our way pursue.

The goodly land we see,
with peace and plenty blest: a
land of sacred liberty
and endless rest;
there milk and honey flow,
and oil and wine abound,
and trees of life forever grow,
with mercy crowned.

There dwells the Lord our King,
the Lord our Righteousness,
triumphant o'er the world of sin,
the Prince of Peace:
on Sion's sacred height

his kingdom he maintains,
and glorious with his saints in light
for ever reigns.

He keeps his own secure,
he guards them by his side,
arrays in garment white and pure
his spotless bride:
with streams of sacred bliss,
beneath serener skies,
with all the fruits of paradise,
he still supplies.

The God who reigns on high
the great archangels sing,
and 'Holy, holy, holy,' cry,
'Almighty King!
who was, and is the same,
and evermore shall be;
Jehovah, Father, great I AM,
we worship thee.'

THE PRESENTATION OF THE OFFERINGS BCP, PAGE 126

PRESIDENT AND PEOPLE:

Father, we offer you these gifts which you have given us; this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy,

and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

THE EUCHARISTIC PRAYER

Sursum Corda

BCP, Page 126

PRESIDENT: The Lord be with you.

ALL: **And also with you.**

PRESIDENT: Lift up your hearts.

ALL: **We lift them up to the Lord.**

PRESIDENT: Let us give thanks to the Lord our God.

ALL: **It is right to give God thanks and praise.**

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God:

Preface: Lent

BCP, Page 128

For you bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that,

fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Sanctus and Benedictus

BCP, Page 131

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest.
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest.**

Eucharistic Rite A-E (as announced) BCP, Pages 131-142

THE LORD'S PRAYER

BCP, PAGE 144

PRESIDENT:

As our Saviour has taught us, so we pray:

ALL:

Our Father in heaven,

hallowed be your Name;
your kingdom come;
your will be done on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and forever. Amen.

THE BREAKING OF THE BREAD

BCP, PAGE 145

Form A

PRESIDENT: We break this bread to share in the
body of Christ.

**ALL: Though we are many, we are one
body, because we all share in one
bread.**

Form B

PRESIDENT: God of promise, You have prepared a
Banquet for us

**ALL: Happy are those who are called to
the supper of the Lamb.**

Form C

PRESIDENT: This is the true bread which comes
from heaven

**ALL: Whoever eats this bread will live
 forever.**

THE AGNUS DEI

BCP, PAGE 147

**Lamb of God, you take away the sin of the world:
 have mercy on us.**

**Lamb of God, you take away the sin of the world:
 have mercy on us.**

**Lamb of God, you take away the sin of the world:
 grant us peace.**

THE INVITATION

BCP, PAGE 145-146

Form A

PRESIDENT:

My brothers and sisters in Christ, draw near and receive His Body which He gave for you, and His Blood, which He shed for you. Remember that He died for you, and feed on Him in your hearts by faith with thanksgiving.

ALL:

Grant gracious Lord, that we so eat the flesh of your dear Son, Jesus Christ, and drink His blood, that we may evermore dwell in Him and He in us. Amen.

Form B

PRESIDENT:

The Gifts of God for the People of God.

ALL:

**Our souls will feast and be satisfied, and we will sing
glad songs of praise to Him.**

Form C

PRESIDENT:

Draw near and receive the Body and Blood of our
Saviour Jesus Christ with faith and thanksgiving.

ALL:

**We do not presume to come to this your table, most
merciful Father, trusting in our own righteousness,
but only in your boundless mercy. We are not even
worthy to gather up the crumbs under your table.
But you are the Lord ever the same, ever merciful.
Grant therefore, Lord of grace and love, that we
may so eat the flesh of your dear Son Jesus Christ
and drink His blood, that with bodies and souls
made clean from every stain of sin we may
evermore dwell in Him, and He in us.**

**HYMNS FOR COMMUNION, BLESSINGS CPWIH 576, MP
712, CPWIH 474 & 659**

CPWIH 576 – Be Christ redeemed, in Christ restored

Be Christ redeemed, in Christ restored,
we keep the memory adored,
and show the death of our dear Lord
until he come.

His body, broken in our stead,
is here in this memorial bread,
and so our feeble love is fed
until he come.

The drops of his dread agony,
his life-blood shed for us, we see;
the wine shall tell the mystery
until he come.

And thus that dark betrayal night
with the last advent we unite,
by one blest chain of loving rite,
until he come.

O blessed hope! With this elate,
let not our hearts be desolate,
but, strong in faith, in patience wait
until he come.

MP 712 – O soul, are you weary and troubled?

O soul, are you weary and troubled?
No light in the darkness you see?
There's light for a look at the Saviour,
And life more abundant and free!

Refrain:

Turn your eyes upon Jesus,

*Look full in His wonderful face,
And the things of earth will grow strangely dim,
In the light of His glory and grace.*

Through death into life everlasting,
He passed, and we follow Him there;
Over us sin no more hath dominion--
For more than conquerors we are!

His Word shall not fail you--He promised;
Believe Him, and all will be well:
Then go to a world that is dying,
His perfect salvation to tell!

CPWIH 474 – Rock of ages, cleft for me

Rock of ages, cleft for me,
let me hide myself in thee;
let the water and the blood
from thy riven side which flowed,
be of sin the double cure:
cleanse me from its guilt and power.

Not the labours of my hands
can fulfil thy law's demands;
could my zeal no respite know,
could my tears for ever flow,
all for sin could not atone;
thou must save, and thou alone.

Nothing in my hand I bring,
simply to thy cross I cling;
naked, come to thee for dress;
helpless, look to thee for grace;
foul, I to the fountain fly;
wash me, Saviour, or I die.

While I draw this fleeting breath,
when my eyelids close in death,
when I soar through tracts unknown
see thee on thy judgment throne;
Rock of ages, cleft for me,
let me hide myself in thee.

CPWIH 659 – Lamb of God, I look to thee

Lamb of God, I look to thee,
thou shalt my example be:
thou art gentle, meek, and mild,
thou wast once a little child.

Fain I would be as thou art;
give me thy obedient heart;
thou art pitiful and kind,
let me have thy loving mind.

Meek and lowly may I be;
thou art all humility:

let me to my betters bow,
subject to thy parents thou.

Let me above all fulfill
God my Heavenly Father's will;
never his good Spirit grieve,
only to his glory live.

Thou didst live to God alone,
thou didst never seek thine own,
thou thyself didst never please,
God was all thy happiness.

Loving Jesu, gentle Lamb,
in thy gracious hands I am;
make me, Saviour, what thou art;
Live thyself within my heart.

I shall then show forth thy praise,
serve thee all my happy days;
then the world shall always see
Christ, the Holy Child, in me.

THE DISMISSAL

POST COMMUNION PRAYER

BCP, PAGES 147-149

One of the following prayers shall be said:

First Prayer

**Almighty Father,
we thank you for feeding us with the Body
and Blood of your Son Jesus Christ.
May we who share His Body live His risen life;
we who drink His cup bring life to others;
we upon whom your Spirit shines give light to the world.
Help us to continue in faithful witness to your Word,
so we and all your children shall be free,
and the whole earth live to praise your Name,
through Christ our Lord. Amen.**

Second Prayer

**Eternal God and Heavenly Father,
We thank you for feeding us
with the Body and Blood
of your Son Jesus Christ.
Send us now into the world in peace, and
grant us strength and courage
to love and serve you, and all persons in you, with
gladness and singleness of heart, through your Son
Jesus Christ our Lord. Amen.**

Third Prayer

**Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries**

**that we are living members of the Body of your Son
and heirs of your eternal kingdom.**

**And now, Father, send us out
to do the work you have given us to do,
to love and serve you as faithful witnesses of
Christ our Lord.**

**To Him, to you, and to the Holy Spirit,
be honour and glory, now and for ever. Amen.**

BLESSING

BCP, PAGE 149-152

Ash Wednesday BCP, Page 150

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow Him; and the Blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. **Amen.**

PRESIDENT: Go in peace and serve the Lord.

ALL: **In the name of Christ. Amen.**

DAY BY DAY

Day by day,
Dear lord, of these three things, I pray,
To see thee more clearly,
Love thee more dearly,
Follow thee more nearly, day by day.

Christian, dost thou see them
on the holy ground,
how the troops of Midian
prowl and prowl around?
Christian, up and smite them,
counting gain but loss;
smite them by the merit
of the holy cross.

Christian, dost thou feel them,
how they work within,
striving, tempting, luring,
goading into sin?
Christian, never tremble;
never be down-cast;
smite them by the virtue
of the Lenten fast.

Christian, dost thou hear them,
how they speak thee fair?
“Always fast and vigil?
Always watch and prayer?”
Christian, answer boldly,
“While I breathe I pray:”
peace shall follow battle,
night shall end in day.

“Well I know thy trouble,
O my servant true;
thou art very weary,
I was weary too;
but that toil shall make thee
some day all mine own,
and the end of sorrow
shall be near my throne.”

RECESSION AND ORGAN POSTLUDE



Cherishing stars sang
together and all the sons of
God shouted for joy

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