

CHRIST CHURCH PARISH CHURCH

THE THIRD SUNDAY IN LENT

MARCH 8, 2026

7:00 A.M.

Holy Eucharist with Hymns

9:30 A.M.

Choral Eucharist

The Reverend Canon Mark Harewood
Rector, Christ Church Parish Church

The Venerable Dr Von Watson
Archdeacon of Barbados

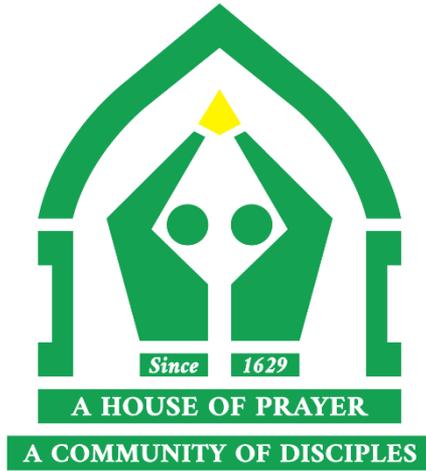
Brother Marshowl Adderley
Seminararian

Christ Church Parish Church | Anglican Diocese of Barbados

Church Hill, Christ Church, Barbados | 1-246-428-8087

www.christchurchpc.com | office@christchurchpc.com





CHRIST CHURCH PARISH CHURCH
Anglican Diocese of Barbados
Church Hill, Christ Church, Barbados
Office: 428-8087 + E-mail: office@christchurchpc.com

VISIT OUR WEBSITE:
WWW.CHRISTCHURCHPC.COM

SUBSCRIBE TO “CHRIST CHURCH CONNECT”:
OUR MAILING LIST FOR SERVICE LINKS, NOTICES
AND UPDATES
[SUBSCRIBE HERE](#)

As all the baptised may receive the Blessed Sacrament, please note the following:

- **Baptized infants and children under the age of 3** are allowed to receive the host [consecrated bread] or a fraction of the host only from their parents.
- **Baptized children, ages 3-15, who regularly attend worship as members of the church,** may receive communion in both kinds [consecrated bread and consecrated wine] through intinction - after the parents or guardians of those children have met with the priest and given their consent for both kinds to be administered.
- **All baptized persons, ages 16 and older, whether confirmed or not, may receive communion without permission from others.**

ORDER OF SERVICE¹

THE PREPARATION

Opening Prayer

Hymn: Introit..... CPWIH 113

The Opening Sentence

Lent..... BCP, Page 98

The Greeting BCP, Page 101

The Prayer of Intention BCP, Page 101

The Collect for Purity BCP, Page 101

The Kyrie BCP, Page 102

The Collect of the Day

Second Sunday in Lent BCP, Pg. 164

Ash Wednesday..... BCP, Pg. 163

THE MINISTRY OF THE WORD

First Lesson..... Exodus 17:1-7

Psalm 95 BCP, Page 593

Second Lesson Romans 5:1-11

Gradual Hymn CPWIH 500

The Gospel Reading John 4:5-42

The Sermon The Venerable Dr. Von Watson

The Nicene Creed BCP, Page 104

The Prayers / Intercessions

¹ The Order of Service follows the relevant Liturgy, Rite or Office in the Book of Common Prayer (BCP) of the Church in the Province of the West Indies (CPWI). The Old Testament, New Testament and Gospel readings are from the New Revised Standard Version Bible: Anglicized Edition. The hymns are from the CPWI Hymnal (CPWIH), the Complete Mission Praise (MP), or Hymns Ancient & Modern (A&M), as indicated.

Form G	BCP, Page 118
The Act of Penitence	BCP, Page 123
The Absolution	BCP, Page 124
The Greeting of Peace	BCP, Pages 124-125
Hymn of Peace	Let there be peace on earth
Ministry of Hospitality & Notices	
THE MINISTRY OF THE SACRAMENT	
Offertory Hymns	CPWIH 413; 619
The Presentation of the Offerings	BCP, Page 126
The Eucharistic Prayer	
Sursum Corda	BCP, Page 126
Preface: Lent	BCP, Page 128
Sanctus and Benedictus	BCP, Page 131
Eucharistic Rite A-E (as announced).....	BCP, Pages 131-142
The Lord's Prayer	BCP, Page 144
The Breaking of the Bread	BCP, Page 145
The Agnus Dei	BCP, Page 147
The Invitation	BCP, Page 145-146
Hymns: Communion, Blessings.....	CPWIH 407, 474, 598 & 643
THE DISMISSAL	
Post Communion Prayer	BCP, Pages 147-149
Blessing	BCP, Page 150
Go In Peace	
Recessional Hymn	CPWIH 463
Recession and Organ Postlude	

~ O how amiable are thy dwellings: thou Lord of host: My soul hath a desire and longing to enter into the courts of the Lord: my heart and my flesh rejoice in the living God. Psalm 84: 1,2 ~

Please note that, apart from the Harvest Festival Sunday on March 15, 2026, there will be no altar flowers during the season of Lent.

Donations for Easter flowers would be greatly appreciated.

If you wish to mark any special occasion with an altar flowers donation, please call the office during opening hours, or you may make your donation via our website on the [Altar Flowers Donation Page here](#).

THE PREPARATION

OPENING PRAYER

Entrance of the Choir and Liturgical ministers

HYMN: INTROIT

CPWIH 113

Creator of the world, to Thee

Creator of the world, to Thee
And endless rest of joy belongs;
And heavenly choirs are ever free
To sing on high their festal songs.

But we are fallen creatures here,
Where pain and sorrow daily come;
And how can we in exile drear
Sing out, as they, sweet songs of Home?

O Father, Who dost promise still
That they who mourn shall blessed be,
Grant us to weep for deeds of ill
That banish us so long from Thee.

But weeping, grant us faith to rest
In hope upon Thy loving care;
Till Thou restore us, with the blest,
Their songs of praise in Heaven to share.

To Father, Son and Holy Ghost,
The God Whom Heaven and earth adore,
From men and from the angel host
Be praise and glory evermore.

THE OPENING SENTENCE

Lent.....BCP, Page 98

Be imitators of God, as beloved children. And walk in love, as Christ loved us and gave Himself up for us, a fragrant offering and sacrifice to God. *Ephesians 5:1,2.*

During the season of Lent, the Alleluias are omitted.

THE GREETING

BCP, PAGE 101

PRESIDENT:

Blessed be God: Father, Son and Holy Spirit.

ALL:

And blessed be His Kingdom, now and forever.

Amen.

THE PRAYER OF INTENTION

BCP, PAGE 101

ALL:

Blessed Lord and Father, we have assembled in your Name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and

thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.

THE COLLECT FOR PURITY

BCP, PAGE 101

ALL:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.

During the season of Lent, the Kyrie will be recited, and the Gloria in Excelsis omitted.

THE KYRIE

BCP, PAGE 102

PRESIDENT: Lord, have mercy.

ALL: Lord, have mercy.

PRESIDENT: Christ, have mercy.

ALL: Christ, have mercy.

PRESIDENT: Lord, have mercy.

ALL: Lord, have mercy.

THE COLLECT OF THE DAY

PRESIDENT: Let us pray.

Second Sunday in LentBCP, Pg. 164

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Ash WednesdayBCP, Pg. 163

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

THE MINISTRY OF THE WORD

FIRST LESSON

EXODUS 17:1-7

A reading from the Word of God, written in the Book of Exodus, Chapter 17, beginning to read from verse 1:

17:1 From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink.

17:2 The people quarreled with Moses and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?"

17:3 But the people thirsted there for water, and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?"

17:4 So Moses cried out to the LORD, "What shall I do for this people? They are almost ready to stone me."

17:5 The LORD said to Moses, "Go on ahead of the people and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile and go.

17:6 I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel.

17:7 He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

READER: The Word of the Lord.

ALL: Thanks be to God.

PSALM 95

BCP, PAGE 593

1. Come, let us sing to the Lord; * let us shout for joy to the rock of our salvation.
2. Let us come before his presence with thanksgiving * and raise a loud shout to him with psalms.
3. For the Lord is a great God, * and a great king above all gods.
4. In his hand are the caverns of the earth, * and the heights of the hills are his also.
5. The sea is his, for he made it, * and his hands have molded the dry land.

6. Come, let us bow down, and bend the knee, * and kneel before the Lord our Maker.

7. For he is our God, and we are the people of his pasture and the sheep of his hand. * Oh, that today you would hearken to his voice.

8. Harden not your hearts, as your forebears did in the wilderness, * at Meribah, and on that day at Massah, when they tempted me.

*Glory be to the Father, and to the Son * and to the Holy Spirit; As it was in the beginning, is now * and will be forever. Amen.*

SECOND LESSON

ROMANS 5:1-11

A reading from the Word of God, written in Epistle of Paul of the Romans, Chapter 5, beginning to read from verse 1:

5:1 Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ,

5:2 through whom we have obtained access to this grace in which we stand, and we boast in our hope of sharing the glory of God.

5:3 And not only that, but we also boast in our afflictions, knowing that affliction produces endurance,

5:4 and endurance produces character, and character produces hope,

5:5 and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

5:6 For while we were still weak, at the right time Christ died for the ungodly.

5:7 Indeed, rarely will anyone die for a righteous person--though perhaps for a good person someone might actually dare to die.

5:8 But God proves his love for us in that while we still were sinners Christ died for us.

5:9 Much more surely, therefore, since we have now been justified by his blood, will we be saved through him from the wrath of God.

5:10 For if while we were enemies we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life.

5:11 But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

READER: The Word of the Lord.

ALL: Thanks be to God.

GRADUAL HYMN

CPWIH 500

I heard the voice of Jesus say

I heard the voice of Jesus say,
'Come unto me and rest;
Lay down, thou weary one, lay down
Thy head upon My breast.'
I came to Jesus as I was,
Weary, and worn, and sad;
I found in Him a resting place,
And He has made me glad.

I heard the voice of Jesus say,
'Behold, I freely give
The living water; thirsty one,
Stoop down and drink, and live.'
I came to Jesus, and I drank
Of that life-giving stream;
My thirst was quenched, my soul revived,
And now I live in Him.

I heard the voice of Jesus say,
'I am this dark world's Light;
Look unto Me, thy morn shall rise,
And all thy day be bright:'
I looked to Jesus, and I found
In him my Star, my Sun;
And in that Light of life I'll walk
Till travelling days are done.

THE GOSPEL READING

JOHN 4:5-42

GOSPELLER: The Lord be with you.

ALL: And also with you.

GOSPELLER: A Reading from the Holy Gospel according to John, the fourth chapter, beginning at the fifth verse.

ALL: Glory to Christ our Saviour.

4:5 So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph.

4:6 Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

4:7 A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink."

4:8 (His disciples had gone to the city to buy food.)

4:9 The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.)

4:10 Jesus answered her, "If you knew the gift of God and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water."

4:11 The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water?"

4:12 Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?"

4:13 Jesus said to her, "Everyone who drinks of this water will be thirsty again,

4:14 but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life."

4:15 The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

4:16 Jesus said to her, "Go, call your husband, and come back."

4:17 The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband,'

4:18 for you have had five husbands, and the one you have now is not your husband. What you have said is true!"

4:19 The woman said to him, "Sir, I see that you are a prophet.

4:20 Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem."

4:21 Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem.

4:22 You worship what you do not know; we worship what we know, for salvation is from the Jews.

4:23 But the hour is coming and is now here when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him.

4:24 God is spirit, and those who worship him must worship in spirit and truth."

4:25 The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us."

4:26 Jesus said to her, "I am he, the one who is speaking to you."

4:27 Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?"

4:28 Then the woman left her water jar and went back to the city. She said to the people,

4:29 "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?"

4:30 They left the city and were on their way to him.

4:31 Meanwhile the disciples were urging him, "Rabbi, eat something."

4:32 But he said to them, "I have food to eat that you do not know about."

4:33 So the disciples said to one another, "Surely no one has brought him something to eat?"

4:34 Jesus said to them, "My food is to do the will of him who sent me and to complete his work."

4:35 Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting.

4:36 The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together.

4:37 For here the saying holds true, 'One sows and another reaps.'

4:38 I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

4:39 Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done."

4:40 So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days.

4:41 And many more believed because of his word.

4:42 They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

GOSPELLER: This is the Gospel of Christ.

ALL: Praise to Christ our Lord.

THE SERMON

THE VENERABLE DR. VON WATSON

Archdeacon, Diocese of Barbados

THE NICENE CREED

BCP, PAGE 104

ALL:

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.
Through Him all things were made.
For us and for our salvation
He came down from heaven:
by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.**

**For our sake He was crucified
under Pontius Pilate;
He suffered, died and was buried.
On the third day He rose again**

**in fulfillment of the Scriptures;
He ascended into heaven
and is seated at the right
hand of the Father.**

**He will come again in glory to judge
the living and the dead,
and His kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son
He is worshipped and glorified.
He has spoken through the Prophets.**

**We believe in one holy catholic
and apostolic church.**

**We acknowledge one baptism
for the forgiveness of sins.**

**We look for the resurrection of the dead
and the life of the world to come. Amen.**

THE PRAYERS / INTERCESSIONS

Form G

BCP, Page 118

LEADER:

Brothers and Sisters I ask your prayers for God's people throughout the world; for our Bishop Michael; for this gathering; and for all ministers and people. Pray for the Church.

Silence

LEADER:

Brothers and Sisters I ask your prayers for peace; for goodwill among and within nations; and for the well-being of all people. Pray for justice and peace.

Silence

LEADER:

Brothers and Sisters I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison and for the victims of crime and violence. Pray for those in any need or trouble.

Silence

LEADER:

Brothers and Sisters I ask your prayers for all who seek God, or a deeper knowledge of Him.
Pray that they may find and be found by Him.

Silence

LEADER:

Brothers and Sisters I ask your prayers for the departed (Especially _____)
Pray for those who have died.

Silence

LEADER:

Brothers and Sisters I ask your prayers for _____.
Brothers and Sisters I ask your thanksgiving for _____.

Silence

LEADER:

Brothers and Sisters praise God for those in every generation in whom Christ has been honoured (especially _____ whom we remember today).
Pray that we may have grace to glorify Christ in our own day.

Silence

The President adds a concluding Collect.

PRESIDENT:

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness.

A period of silence shall be kept.

PRESIDENT:

Let us therefore confess our sins.

One of the following forms will be used:

Form A

BCP, Page 123

ALL:

Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. Amen.

ALL:

Most Merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves; we have not loved ourselves as we ought. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

THE ABSOLUTION

BCP, PAGE 124

PRESIDENT:

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

THE GREETING OF PEACE

BCP, PAGES 124-125

One of the following forms shall be said:

FORM A

PRESIDENT: We are the body of Christ. By the one Spirit we were all baptized into one Body, and have all been made to drink of the one Spirit.

ALL: Let us then pursue the things that make for peace and build up the common life.

FORM B

PRESIDENT: If you are offering your gift at the altar, and there remember that your brother has something against you,

ALL: Leave your gift there before the altar and go; first be reconciled to your brother, and then come and offer your gift.

FORM C

PRESIDENT: The Kingdom of God is justice, peace, and joy, inspired by the Holy Spirit.

ALL: They who thus serve Christ are acceptable to God and approved by others.

PRESIDENT: The peace of the Lord be always with you.

ALL: And also with you.

HYMN OF PEACE

LET THERE BE PEACE ON EARTH

Let there be peace on earth
And let it begin with me;
Let there be peace on earth,
The peace that was meant to be.

With God as our Father
Brothers all are we,
Let me walk with my brother
In perfect harmony.

Let peace begin with me,
Let this be the moment now;
With every step I take,
Let this be my solemn vow:

To take each moment and live each moment
In peace eternally.
Let there be peace on earth
And let it begin with me.

MINISTRY OF HOSPITALITY & NOTICES

The Welcome Song

Welcome friend on this day
Yes, we're glad you have joined us.
Take your place fill your hearts
With Christ's love which surrounds us.

Glory to God may you live and grow,
In His love forever
Welcome friend on this day
Know we're glad you have joined us.

THE MINISTRY OF THE SACRAMENT

OFFERTORY HYMNS

CPWIH 413; 619

CPWIH 413 – Guide me, O Thou great Redeemer

Guide me, O Thou great Redeemer,
Pilgrim through this barren land;
I am weak, but Thou art mighty,
Hold me with Thy powerful hand;
Bread of Heaven,
Feed me now and evermore.

Open now the crystal fountain,
Whence the healing streams doth flow:
Let the fiery cloudy pillar
Lead me all my journey through;
Strong Deliverer,
Be Thou still my Strength and Shield.

When I tread the verge of Jordan,
Bid my anxious fears subside:
Death of death, and hell's Destruction,
Land me safe on Canaan's side

Songs and praises
I will ever give to Thee.

CPWIH 619 – Soul of my Saviour, sanctify my breast

Soul of my Saviour, sanctify my breast,
body of Christ, be thou my saving guest,
blood of my Saviour, bathe me in thy tide,
wash me with water flowing from thy side.

Strength and protection may thy passion be,
O blessed Jesu, hear and answer me;
deep in thy wounds, Lord, hide and shelter me,
so shall I never, never part from thee.

Guard and defend me from the foe malign,
in death's dread moments make me only thine;
call me and bid me come to thee on high
where I may praise thee with thy saints for ay.

THE PRESENTATION OF THE OFFERINGS BCP, PAGE 126

PRESIDENT AND PEOPLE:

Father, we offer you these gifts which you have given us; this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all

your people become channels of your love; through the same Christ our Lord. Amen.

THE EUCHARISTIC PRAYER

Sursum Corda

BCP, Page 126

PRESIDENT: The Lord be with you.

ALL: **And also with you.**

PRESIDENT: Lift up your hearts.

ALL: **We lift them up to the Lord.**

PRESIDENT: Let us give thanks to the Lord our God.

ALL: **It is right to give God thanks and praise.**

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God:

Preface: Lent

BCP, Page 128

For you bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and

renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Sanctus and Benedictus

BCP, Page 131

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest.
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest.**

Eucharistic Rite A-E (as announced) BCP, Pages 131-142

THE LORD'S PRAYER

BCP, PAGE 144

PRESIDENT:

As our Saviour has taught us, so we pray:

ALL:

**Our Father in heaven,
hallowed be your Name;**

**your kingdom come;
your will be done on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and forever. Amen.**

THE BREAKING OF THE BREAD

BCP, PAGE 145

Form A

PRESIDENT: We break this bread to share in the
body of Christ.

ALL: **Though we are many, we are one
body, because we all share in one
bread.**

Form B

PRESIDENT: God of promise, You have prepared a
Banquet for us

ALL: **Happy are those who are called to
the supper of the Lamb.**

Form C

PRESIDENT: This is the true bread which comes
from heaven

**ALL: Whoever eats this bread will live
forever.**

THE AGNUS DEI

BCP, PAGE 147

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
grant us peace.**

THE INVITATION

BCP, PAGE 145-146

Form A

PRESIDENT:

My brothers and sisters in Christ, draw near and receive His Body which He gave for you, and His Blood, which He shed for you. Remember that He died for you, and feed on Him in your hearts by faith with thanksgiving.

ALL:

Grant gracious Lord, that we so eat the flesh of your dear Son, Jesus Christ, and drink His blood, that we may evermore dwell in Him and He in us. Amen.

Form B

PRESIDENT:

The Gifts of God for the People of God.

ALL:

**Our souls will feast and be satisfied, and we will sing
glad songs of praise to Him.**

Form C

PRESIDENT:

Draw near and receive the Body and Blood of our
Saviour Jesus Christ with faith and thanksgiving.

ALL:

**We do not presume to come to this your table, most
merciful Father, trusting in our own righteousness,
but only in your boundless mercy. We are not even
worthy to gather up the crumbs under your table.
But you are the Lord ever the same, ever merciful.
Grant therefore, Lord of grace and love, that we
may so eat the flesh of your dear Son Jesus Christ
and drink His blood, that with bodies and souls
made clean from every stain of sin we may
evermore dwell in Him, and He in us.**

**HYMNS: COMMUNION, BLESSINGS CPWIH 407, 474,
598 & 643**

CPWIH 407 – As the deer pants for the water

As the deer pants for the water
So my soul longs after You.
You alone are my heart's desire
And I long to worship You.

Refrain:

*You alone are my strength, my shield,
To you alone my spirit yield
You alone are my heart's desire
And I long to worship You.*

I want you more than gold or silver
Only you can satisfy.
You alone are the real joy-given
And the apple of my eye.

Refrain:

You are my Friend and you are my Brother
Even though you are a king.
I love you more than any other
So much more than anything.

Refrain:

CPWIH 598 – I hunger and I thirst

I hunger and I thirst;
Jesu, my manna be;
ye living waters, burst
out of the rock for me.

Thou bruised and broken Bread,
my life-long wants supply;
as living souls are fed,
O feed me, or I die.

Thou true life-giving Vine,
let me thy sweetness prove;
renew my life with thine,
refresh my soul with love.

Rough paths my feet have trod
since first their course began;
feed me, thou Bread of God;
help me, thou Son of Man.

For still the desert lies
my thirsting soul before;
O living waters, rise
within me evermore.

CPWIH 474 – Rock of ages, cleft for me

Rock of ages, cleft for me,
let me hide myself in thee;
let the water and the blood
from thy riven side which flowed,
be of sin the double cure:
cleanse me from its guilt and power.

Not the labours of my hands
can fulfil thy law's demands;
could my zeal no respite know,
could my tears for ever flow,

all for sin could not atone;
thou must save, and thou alone.

Nothing in my hand I bring,
simply to thy cross I cling;
naked, come to thee for dress;
helpless, look to thee for grace;
foul, I to the fountain fly;
wash me, Saviour, or I die.

While I draw this fleeting breath,
when my eyelids close in death,
when I soar through tracts unknown
see thee on thy judgment throne;
Rock of ages, cleft for me,
let me hide myself in thee.

CPWIH 643 – Christ, who once amongst us

Christ, who once amongst us
as a child did dwell,
is the children's Saviour,
and he loves us well;
if we keep our promise
made him at the font,
he will be our Shepherd,
and we shall not want.

There it was they laid us
in those tender arms,
where the lambs are carried
safe from all alarms;
if we trust his promise,
he will let us rest
in his arms for ever,
leaning on his breast.

Though we may not see him
for a little while,
we shall know he holds us,
often feel his smile;
death will be to slumber
in that sweet embrace,
and we shall awaken
to behold his face.

He will be our Shepherd
after as before,
by still heavenly waters
lead us evermore;
make us lie in pastures
beautiful and green,
where none thirst or hunger,
and no tears are seen.

Jesus, our Good Shepherd,
laying down thy life,

lest thy sheep should perish
in the cruel strife,
help us to remember
all thy love and care,
trust in thee and love thee
always, everywhere.

THE DISMISSAL

POST COMMUNION PRAYER

BCP, PAGES 147-149

One of the following prayers shall be said:

First Prayer

**Almighty Father,
we thank you for feeding us with the Body
and Blood of your Son Jesus Christ.
May we who share His Body live His risen life;
we who drink His cup bring life to others;
we upon whom your Spirit shines give light to the world.
Help us to continue in faithful witness to your Word,
so we and all your children shall be free,
and the whole earth live to praise your Name,
through Christ our Lord. Amen.**

Second Prayer

**Eternal God and Heavenly Father,
We thank you for feeding us
with the Body and Blood**

of your Son Jesus Christ.

**Send us now into the world in peace, and
grant us strength and courage
to love and serve you, and all persons in you, with
gladness and singleness of heart, through your Son
Jesus Christ our Lord. Amen.**

Third Prayer

**Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son
and heirs of your eternal kingdom.**

**And now, Father, send us out
to do the work you have given us to do,
to love and serve you as faithful witnesses of
Christ our Lord.**

**To Him, to you, and to the Holy Spirit,
be honour and glory, now and for ever. Amen.**

BLESSING

BCP, PAGE 150

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow Him; and the blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always.

ALL: Amen.

PRESIDENT: Go in peace and serve the Lord.

ALL: In the name of Christ. Amen.

GO IN PEACE

Go in peace and the peace of God
Be with you this day.
Go in peace and the peace of God
Be with you always.
Celebrate and share the joy
Celebrate new life
Go in peace and the peace of God
Be with you always.

RECESSIONAL HYMN

CPWIH 463

Come, thou fount of every blessing

Come, thou fount of every blessing,
tune my heart to sing thy praise!
Streams of mercy never ceasing,
call for songs of loudest praise.
Teach me some melodious sonnet,
sung by flaming tongues above.
Praise the mount! Oh, fix me on it,
mount of God's unchanging love.

Here I find my greatest treasure;
hither, by thy help, I've come;
and I hope, by thy good pleasure,
safely to arrive at home.

Jesus sought me when a stranger
wandering from the fold of God;
he, to rescue me from danger,
interposed his precious blood.

Oh, to grace how great a debtor
daily I'm constrained to be!
Let thy goodness, like a fetter,
bind my wandering heart to thee:
prone to wander, Lord, I feel it,
prone to leave the God I love;
here's my heart, oh, take and seal it,
seal it for thy courts above.

RECESSION AND ORGAN POSTLUDE



Cherishing stars sang
together and all the sons of
God shouted for joy

Christ Church Parish Church
Church Road, Christ Church, Barbados, West Indies
Office: 428-8087 + E-mail: office@christchurchpc.com